



5516 Spring Garden Road, Halifax, Nova Scotia B3G 1G6 | t: 902.425.5450 x.370 | f: 902.425.5606 | www.snowboardnovascotia.ca

Snowboard Nova Scotia Travel Policy

Snowboard Nova Scotia (SBNS) teams have to travel to compete and train in different environments. SBNS cannot host the higher level of competition required for all competitors in Nova Scotia so SBNS teams have to travel for appropriate training and competitive opportunities for their athletes.

SBNS does everything possible to keep costs as minimal as possible. Each trip is different and our budgeted costs are based on breaking even for each trip.

Travel Conduct

All coaches, athletes and chaperones are required to read, sign and adhere to the SBNS Travel Policy and Athlete Code of Conduct while participating in any SBNS sanctioned activity.

Travel Costs

To ensure that trip costs are minimal as possible and fair to all athletes, we will be putting the following rules in place for trips.

- Trips will need a minimum of three athletes to take place, less than three athletes we will look for another coach/team that is travelling to that event to take the athletes. Exceptions will be made on a case by case basis if there are no available teams or coaches travelling to that specific trip.
- Trips will have a max of 1-8 coach to athlete ratio, if there are more than 2 athletes under the age of 15 that number will drop to 1-6.
- All athletes under the age of 14 will need to be accompanied by a parent for the duration of the trip. There can a 1-3 parent ratio for under 14 athletes on the trip if the parent will assume responsibility.
- All trips will have a minimum of two adults on the trip.

SBNS team fees do not include the cost of travelling to training or events. These trips have added costs associated with them and include items such as:

- The athlete's cost can include, but is not limited to, lodging, vehicle, flights, lift tickets, entry fee, food, entertainment, SAIP insurance and coaching costs.
- The coaching expenses* can include coaches lift tickets, flights, vehicle, food and lodging.

*Coaching expenses include any day, or part thereof, that the athlete spends with the coach, including but not limited to, travel days, on snow training days, off snow training days, and rest days while on trip.

- Once the travel budget is sent out you are responsible for paying it. Travel costs are non-refundable, no exceptions.



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Please note that snowboarding is an outdoor sport. SBNS cannot control the weather, event cancellations or other variables. We cannot guarantee the price of each trip to be exact.

Family Participation

Families who wish to transport and lodge their own child may do so but the athlete will still have to pay for their portion of the coaches expenses.

While we do encourage parent and family participation, we also stress the value of the team atmosphere of travelling, training and lodging together. These shared experiences are essential for developing successful team dynamics and we strongly encourage that the team travels and stays together whenever possible. Parents are welcome on trips but are responsible for their own arrangements and costs.

Athletes

Athletes are to abide by their Athlete Code of Conduct and remember that they are representing SBNS while travelling.

Athlete's responsibilities include but are not limited to:

- Manage their belongings (equipment, luggage etc...)
- Be respectful of sharing space with others.
- Contribute to cooking, cleaning and shopping.
- Be clean, courteous and respectful of others.
- Communicate with the coach BEFORE leaving the premises of the team's travel accommodation and then only with the coach's permission.
- Follow the instructions of the coach/chaperone and not take it upon themselves to do what they like.

Any breach of the Athlete Code of Conduct or Travel Policies may result in disciplinary measures. This will be up to the discretion of the SBNS coach on the trip. This may include being sent home, at your own cost, with no refunds for the trip, accommodation, flights, entry fees, etc. (and depending on the situation) further consequence by SBNS may be taken upon review of the trip incident with board members

Coaches

SBNS prides itself on employing coaches that are highly trained and experienced in their respective snowboard discipline. Our coaches are expected to promote SBNS and themselves in a professional manner at all times.



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Coaches must be aware where all athletes are at all times. In cases where the coach must be absent from the team they are to leave them with a chaperone when possible. If this is not possible they are to leave instructions on how to contact them in case of an emergency. Coaches are not permitted to possess or use any illegal substance while travelling with SBNS. Although the occasional alcoholic beverage is acceptable if another chaperone or coach is present, at no point should a coach be considered intoxicated, or behave in a manner that jeopardizes the safety of the athletes they are supervising. We will abide by Nova Scotia law where you cannot drive with any alcohol in your system, so one responsible adult must be completely alcohol free at all time. All coaches are required to read, sign and adhere to their SBNS Contract and SBNS Travel Policies while at or participating in any SBNS sanctioned or sponsored events or training sessions.

Chaperones

Chaperones must abide by the separate chaperone policy. All chaperones must be approved by the Head Coach and accompanying coach prior to the trip. Chaperones are able to support athletes and coaches with everyday duties such as

- Meal planning and grocery shopping.
- Meal preparation and cleanup
- Driving to the event and daily shuttles, hospital runs when necessary
- Assisting with evening program
- On hill video recording (when feasible)
- Almost anything else that may help the team perform better!

Additional Terms and Conditions:

- The chaperone is responsible for all costs associated with travelling with SBNS,
- Except for expenses explicitly agreed upon between the Head Coach and the chaperone. These may include (all or in part) travel costs, accommodation, lift tickets and food. These costs will be shared between the athletes participating in the trip and benefiting from the chaperone's presence
- The chaperone, Head Coach and active coach will discuss, prior to the trip, the exact expectations of the chaperone while on trip.
- Chaperones will not be charged for coach's expenses

Before volunteering for this position, a chaperone understands that:

- Preferably, they are a parent of one of the athletes that is on the trip
- This is not a holiday, and they are not to leave the athletes for an evening out.
- Chaperones and Coaches are responsible for all athletes while travelling.



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- All chaperones are required to read, sign and adhere to the SBNS Contract and SBNS Travel Policies while at or participating in any SBNS sanctioned or sponsored events or training sessions.

I _____ have read, understand and agree to all of the above stated Travel Policy. I acknowledge that any breach of the Travel Policies while participating in any SBNS sanctioned activities may result in disciplinary measures.

Participant Signature

Date

Parent signature (if under 18)

Date