



2023 Canada Winter Games Selection Protocol



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The purpose of this document is to outline the eligibility and selection requirements put in place to help NS Snowboard select the best possible team for the 2023 Canada Winter Games in PEI.

This document has been created as a framework to fulfill every aspect of the Technical Package, which was created by Canada Snowboard and the Canada Winter Games, to ensure that NS Snowboard sends a team that is in full compliance of the technical package.

Canada Games is Canada's largest multi sport event and is hosted every two years. The games rotate between summer and winter. The competition level is in the "Train to Compete" phase of Canada Snowboard Long Term Athlete Development Framework (LTAD), because of this there is age requirements associated with specific events at the games.

The 2023 snowboard technical package can be found at
https://drive.google.com/file/d/1XCnKAqWaGaZikAyffIHsslVqJRzEM_k5/view

Contents

1.	2	
2.	3	
3.	4	
4.	4	
5.	5	
5.1.	5	
5.2.	5	
6.	5	
6.1.	5	
6.2.	6	
7.	Error! Bookmark not defined.	
8.	7	
8.1	ELIGIBILITY	7
9.	8	
10.	9	
10.6.	10	
10.7.	11	
10.8.	11	
11.	12	
12.	12	
13.	13	
14.	14	
15.	14	
Appendix A		14
Appendix B		15
Appendix C		16

1. INTRODUCTION

1.1. The 2023 Canada Winter Games will take place February 18th until March 5th, 2023 in Prince Edward Island.

1.2. The sport of Snowboarding at the 2023 Canada Winter Games shall consist of the following events:

Women's Parallel Giant Slalom (PGS);

Men's PGS;

Women's Snowboardcross (SBX);

Men's SBX;

Women's Slope Style;

Men's Slope Style;

Women's Big Air;

Men's Big Air.

A maximum of five (5) athletes per Province/Territory may be entered into each event.

1.3. Results used for purposes of determining ranking for selection shall be drawn from the events listed in the Appendix A only.

1.4. NSSBD has been granted the right to select athletes in the above listed events to the Nova Scotia Canada Winter Games Team. Selections made by NSSBD will be based upon the policies and procedures set out herein, NSSBD 2023 Canada Games Selection protocol and on general NSSBD policies and procedures referenced herein.

1.5. This Canada Winter Games Selection Protocol sets out the process of:

a) Identifying those athletes who are eligible for selection to the 2023 Canada Winter Games Team; and

b) From this group, determining those athletes who shall be selected to compete in the Games

2. TERMS

2.1. The following abbreviated terms and definitions are used in this Selection Protocol:

- a) CS: Canada Snowboard
- b) FIS: Fédération Internationale de Ski
- c) CWG: Canada Winter Games
- d) NSSBD: Nova Scotia Snowboard
- e) CGC: Canada Games Council
- f) STP: Snowboard Technical Package

3. MANDATE

3.1. The Canada Games Council and the Canada Games Host Society are the bodies responsible for staging the Canada Winter Games.

3.2. CS is recognized by the CGC as the national governing body for the sport of snowboarding in Canada. The STP (developed by CS and approved by CGC) determines the overall maximum number of snowboard athletes that may participate in the Canada Winter Games and establishes an eligibility standard that all participating athletes must attain. The STP also establishes quotas for each province with respect to that province's maximum team size, maximum number of athletes per gender, and maximum number of athletes per event.

3.3. NSSBD is mandated by CS to nominate those athletes that it wishes to represent Nova Scotia in the 2023 Canada Winter Games, in accordance with criteria established by NSSBD.

4. OBJECTIVES

4.1. NSSBD's primary objective at the 2023 CWG is to win three medals. Accordingly, the greatest priority will be given to athletes who have demonstrated CWG medal winning potential. Medal winning potential is generally considered to be demonstrated through performance at specific identified events ("performance on demand") or the achievement of at least two top six results amongst Canada Games age-eligible athletes in NorAm or equivalent competition during the year leading up to the CWG. In the event of other considerations being generally equal, priority consideration may be given to athletes who have demonstrated such results.

4.2. NSSBD's secondary objective at the 2023 CWG is to place at least 67% of its participating athletes (8 of 12) in the top eight in their events. Accordingly, second priority

will be given to athletes who have established a consistent record of top ten results in Noram level competition amongst Canada Games age-eligible athletes.

5. 2023 TEAM COMPOSITION

5.1. ATHLETES

5.1.1. NS Snowboard will be entering athletes in at least three (3) of the four (4) events making our team size:

5 male competitors and 5 female competitors

5.1.2. Team size will be reduced as per the 2023 snowboard Technical package if NS Snowboard is unable to register athletes in at least three (3) of the four (4) events. All registered athletes must intend to compete in at least one event and must compete in the event that they are selected for.

5.2. STAFF

5.2.1. NS Snowboard will be sending two (2) Coaches and one (1) Wax Technician as support staff. Since NS Snowboard will be sending both male and female athletes, one of the coaches must be female and one of the coaches must be male.

5.2.2. Both coaches must be Competition-Introduction Advanced Trained or higher

5.2.3. Coach applications process will take place May 2022

* Additional team staff positions are administered by the P/T Team. Positions must be applied for based on each P/T Team's process

6. ATHLETES ELIGIBILITY CRITERIA

6.1. AGE

6.1.1. All athletes participating at Canada Games must meet the following age restrictions.

6.1.2. Athletes competing in the Freestyle disciplines (Slopestyle and Big Air) must be 13-17 years of age as of December 31, 2022. This is simplified by their year of birth being between 2005-2009

6.1.3. Athletes competing in the Speed disciplines (PGS and SBX) must be 15-19 years of age as of December 31, 2022. This is simplified by their year of birth being between 2003-2007

*If an athlete wishes to compete in both disciplines (Speed & Freestyle), they must meet the age category of *both* disciplines.

6.2. ADDITIONAL REQUIREMENTS

- All athletes must be in good standing with Canada Snowboard and Nova Scotia Snowboard.
- All athletes must have a Compete Membership (with FIS for Speed disciplines)
- Excluded from the Canada Games Snowboard events are:
 - Senior National Team Members - Defined as: Athletes who have held an SR, SR1, SR2 or C1 card at any time; and/or athletes who are part of (on the roster of) a standing Senior National Team (i.e. recognized as a Senior National Team member regardless of event participation)
 - Athletes who have previously competed at the following events:
 - Senior World Championships
 - Olympic Games

No athlete can be rendered ineligible within 90 days of the opening of the Games due to carding status or National Team status (i.e., no athlete will be excluded if they become National Senior Team members for the first time or are granted carding status after November 20th, 2022

- All athletes must meet the minimum physical benchmarks set out by the NSSBD Canada Games Selection Committee. (Appendix B)
- All Freestyle athletes must meet the minimum freestyle riding standards listed in Appendix C to be selected for a freestyle spot and to compete in the freestyle events at the games.
- All athletes must attend physical testing sessions based on NSSBD Canada Games Snowboard Team schedule.
- Athletes who miss two organized testing sessions within the qualification period will be removed from the program and will no longer be considered for the team. Medical reasons or compassionate grounds may be accepted from the coaching staff, if they are discussed prior to the test deadline in question.
- Attend the Canada Games Seminars in the fall & winter of the 2023 season.

- Be free of any banned substance, and be willing to submit to random drug tests during training and competition.
- Have paid all fees, club fees, and ensure proper registration with NSSBD for both 2021/22 and for the 2022/23 season
- Agree to abide by the Canada Games Code of Conduct during training and competition.
- Attend a minimum total of two NorAm competition starts, or equivalent, in the 2021-2022 or 2022-2023 seasons. Noram competition equivalent includes Europa Cups, Canadian Nationals, World Snowboard National Level and above. *Covid Exceptions Allowed for See Appendix D
- Attend 2022/2023 pre-season training camp.
- Attend Canada Games snowboard camps as outlined by the season's mandatory attendance schedule.

7. DISCIPLINE SPECIFIC ELIGIBILITY

7.1. Freestyle disciplines (Slopestyle and Big Air): 13-17 years of age as of December 31, 2022.

Year of birth: 2005-2009

Be competing at the North American Cup Level

7.2. Speed disciplines (PGS and SBX): 15-19 years of age as of December 31, 2022.

Year of birth: 2003-2007

Be competing at the North American Cup Level

7.3. If an athlete wishes to compete in both disciplines (Speed & Freestyle), they must meet the age category of both disciplines.

8. SELECTION PROCEDURES

8.1 ELIGIBILITY

8.1.1. To be eligible for selection, the athletes must meet the criteria and the discipline specific criteria set out in the NSSBD Eligibility document

8.1.2. The Qualification Period shall be the period from November 1st, 2021 through January 19th, 2023. Those events will be listed in Appendix A and will be updated in October 2021 and October 2022 to reflect any possible changes that happen annually but can also be changed at any time due to changes in the event calendar.

8.1.3. Events to be considered as qualifying events during the qualification period are listed in Appendix A. The event shall be inadmissible as a qualifying event if the total field is fewer than 15 competitors (men) or 10 competitors (women). Appendix A will be updated in October (2021 and 2022) and as events are changed/released. Appendix A will be published on Nova Scotia Snowboard's website.

8.1.4. NSSBD retains the right, in the event of circumstances such as changes to the competition calendar, the cancellation of events, or the staging of events in sub-standard conditions, to replace any of the competitions set out in Appendix A with other competitions. In making any such replacements NSSBD shall exercise its best efforts to replace competitions with ones that are similar in terms of dates, locations, and type of course.

9. SELECTION PROCESS

9.1. NSSBD shall identify the athletes it will select for competitive opportunities in the 2023 CWG in three categories:

- a) National Development and Next Gen Team selection outlined in section 10.6
- b) **"Podium Selections"** shall be identified on the basis of section 10.7
- c) **"Other Selections"** shall be identified on the basis of section 10.8

Those identified athletes, along with coaching reports, event results, testing results and any additional relevant information will be past along to the NSSBD CWG Selection committee for final team selection.

9.2. National Development and Next Gen Team Athletes shall be selected first. "Podium Selections" shall be selected second. "Other Selections" shall be selected to last fill any positions not filled by the first two selections.

9.3. NSSBD reserves the right to select athletes for nomination in an order other than that indicated by the selection rankings or for a discipline that they are not competing

in. In such cases, NSSBD must record in detail the reasons for its decisions. These reasons must reflect the objectives of NSSBD as presented in these Selection Procedures.

9.4. Grounds which may be considered in decisions such as those indicated below shall include, but may not be limited to:

a) The athlete's commitment to a long-term training program, as demonstrated by training logs, evaluations, and other documentation maintained by the athlete and her or his coach.

b) The athlete's level of physical conditioning, evaluated in terms of the physical conditioning benchmarks established for the Provincial Team Program, and available for review on www.nssnowboard.ca.

c) The athlete's level of mental training, evaluated in terms of the maintenance of a daily log book, and in terms of the recommendations for psychological and lifestyle development in Stage 5 of Vision 2020: The Long Term Athlete Development Plan for Snowboarding in Canada. These are available for review on <http://www.canadasnowboard.ca/en/>

d) Anomalies in competitions, arising from factors such as weather or abnormally large or small field sizes, which are determined to be a factor in the attainment of or failure to attain results.

e) Gaps in the points used to rank athletes, which may be taken to represent a significant gap in performance ability. For instance, if three athletes have 100, 97, and 96 points respectively, and the next ranked athlete has 85 points, a gap may be said to exist which indicates an athlete's potential ability or inability to compete at the same level as other NSSBD athletes.

f) Competitive opportunities lost due to a health-related curtailment of activities, and/or the athlete's managed recovery from a health-related curtailment of activities.

9.5. Any decision to select an athlete in an order other than indicated by the rankings shall be done through consultation with the coaches of the athletes involved.

10. RANKING OF ELIGIBLE ATHLETES

10.1. All eligible athletes shall be ranked within their category. The purpose of the ranking is to establish the order in which athletes are nominated, within their category, to participate in the 2023 CWG.

10.2. Rankings will be composed of two items, event results and assessments outlined below:

10.3. 75% of the athletes final ranking shall be based on the average of each athlete's percentile of field placings in her or his three (3) best results from the eligible competitions outlined in Appendix A. Percentile of field placing is calculated according to the following formula: $(\text{Field size} - \text{Placing}) / \text{Field Size} \times 100$

10% of the athletes final ranking shall be based on the coach's skill assessment from in training.

10% of the athletes final ranking shall be based on the coach's skill assessment from events.

5% of the athletes final ranking shall be based on the athletes final testing evaluation prior to the selection

In the calculation of percentile of field placing, a maximum field size of 80 athletes will be used, regardless of the actual field size.

10.4. In the calculation of percentile of field placing, entries with Disqualification (DSQ) and Did Not Finish (DNF) results are included with a 0%; entries with Did Not Start (DNS) results will not be included unless the athlete does not have three results.

10.5. In the event of a tie in the final overall rankings, the tie will be broken by each tied athlete's single best percentile of field placing during the period (then second best, then third best, and so on) until the tie is broken.

10.6. PRIORITY 1 RANKING

10.6.1. National Development and Next Gen Team Selection's

10.6.2. All athletes who are currently selected to a National Development or Next Gen team, at the time of the selection, who meet the eligibility requirements will receive priority for team selection.

10.6.3. Those athletes shall be ranked and nominated in the order of their ranking outlined in section 10.2 to 10.5 until the relevant event or gender quota is filled.

10.7. PRIORITY 2 RANKING

10.7.1. Podium Selections

10.7.2. If all Team spots are not filled with priority 1 selections, then all athletes who achieve a top four result in an event in Eligible Competitions (as set out in Appendix A) shall be eligible for Priority 2 - Podium Selection in that discipline.

10.7.3. All athletes eligible for Podium Selection shall be ranked and nominated in the order of their ranking until the relevant event or gender quota is filled.

10.7.4. An athlete may become eligible for, and may be awarded, a podium selection in more than one event but will receive their final selection in their top performing event

10.8. PRIORITY 3 RANKING

10.8.1. Other Nominations

10.8.2. Eligible athletes, other than Priority 1 and 2 selected athletes, shall be awarded remaining quota spots based on their ranking as set out in section 10.2 through 26 above. All athletes eligible for Priority 3 selection shall be ranked and selected in the order of their ranking until the relevant event or gender quota is filled.

10.8.3. An athlete may become eligible for, and may be awarded, Priority 3 selection in more than one event.

10.8.4. An athlete selected for one discipline may at his or her coach's discretion compete in an additional event at the CWG. Should more athletes be nominated for a second event than there are quota spots, athletes will be ranked according to other experience/performance in the secondary event during the qualifying period

10.8.5. FIS>Provincial Events for speed WSL Regional > Provincial Event for freestyle for rankings

11. ALTERNATES

11.1. When all quota spots are filled, remaining athletes eligible for selection within that quota shall be identified, in order of their ranking outlined in section 10.2 to 10.5, as alternates.

11.2. NSSBD shall identify all athletes who meet the criteria for selection set out above, but who cannot be selected due to quota limitations, as alternates in their specific event or events.

11.3. Should a nominated athlete, at any time before the CWG nomination deadline decline his or her selection or be declared unable to participate in a competitive manner, that athlete shall be replaced by the highest ranked alternate (or alternates) in his or her event (or events).

11.4. Should NSSBD not otherwise fill its overall quota by January 23, 2023, it shall include in its selections sufficient alternates to fill its overall quota, regardless of gender or event restrictions. These alternates shall be chosen in order of ranking, with one alternate chosen in each event for which an alternate is available before a second alternate is chosen in any event.

11.5. Should a selected athlete, at any time between January 23rd, 2023 and the sport entry deadline of 5:00 p.m. (a.s.t.) February 1st, 2023, decline his or her nomination or be declared unable to participate in a competitive manner, that athlete shall be replaced, subject to the approval of NSSBD Selection Committee, by the highest ranked Alternate (or Alternates) in his or her event (or events).

11.6. Should a selected athlete, at any time between the sport entry deadline of 5:00 p.m. (a.s.t.) February 1st, 2023 and the opening of the 2023 CWG event training team captains meeting decline his or her selection or be declared unable to participate in a competitive manner, that athlete shall be replaced, subject to CWG's Late Athlete Replacement Policy, by the highest ranked Alternate (or Alternates) in his or her event (or events).

12. HEALTH RELATED CURTAILMENT OF ACTIVITIES

12.1. It may occur that an athlete is unable, because of a health-related curtailment of activities, to participate in sanctioned competitions for a period of at least four consecutive weeks during the Qualifying Period. In such circumstance the Qualifying Period for that athlete shall be extended backwards from April 15th, 2020 to include the same number of competitions in the athlete's primary event as are missed through the health-related curtailment of activities, with the following limitations:

12.2. A maximum of two results will be considered from FIS Noram or Equivalent events.

12.3. To be considered "*unable, by reason of a health related curtailment of activities, to compete*", an athlete must qualify under the FIS "injury status" regulations (which may be referenced in Section 4.6.1 of the FIS Points Rulebook ([found FIS-SKI documents](#))), and must have her or his status confirmed by a medical professional of NSSBD's appointment/approval.

12.4. NSSBD may, at any time, require an athlete who appears, by reason of a health curtailment of activities, to be unable to participate in training or competition activities to obtain a medical assessment conducted by a NSSBD designated doctor. Following such an assessment, if it is NSSBD's determination that the athlete is unable to participate in the CWG *in a competitive manner*, NSSBD may remove that athlete from its list of selections to the Canada Winter Games Team.

12.5. Athletes may provide proof of missing events due to COVID related possible positive outcomes. Proof includes coach letter in regards to rapid tests, or positive PCR test results from the period.

13. ANNOUNCEMENT OF SELECTIONS

13.1. On January 23rd, 2023, NSSBD shall determine the athletes it selects for positions on the 2023 Canada Winter Games Team. Also on that date, NSSBD shall determine the athletes it will select as alternates to the athletes it selects for the 2023 Canada Winter Games Team.

13.2. Subject to any revisions required by an athlete's decision to decline a selection to be a member of the 2023 Canada Winter Games Team, or by an athlete's inability to

participate at a competitive level due to a health-related curtailment of activities, NSSBD shall submit its list of athletes selected to the 2023 Canada Games Team

14. APPROVAL AND APPEAL PROCESS

14.1. Final decisions on the selection of athletes to the 2023 Canada Winter Games shall be made by the NSSBD CWG Selection Committee and announced by the President of NSSBD.

14.2. Any decision of the professional staff relating to the operation and conduct of the Selection Committee may be appealed by any member of NSSBD who is materially affected by that decision, and who is a member in good standing of NSSBD. Appeals must be conducted in writing to the President of NSSBD by Midnight AST Jan 24th, 2023 and be accompanied by a non-refundable fee of \$100.

15. CHANGES TO THIS DOCUMENT

15.1. Issues not otherwise addressed by this Selection Protocol shall be resolved by the President of NSSBD, in consultation with the Head Coach and selection committee.

Appendix A

SBX 2022

Jan 11-13th 2022 Sunshine Village

Feb 06-11th 2022 Gore Mountain

Feb 16-18th 2022 Big White Ski Resort

March 10-12th 2022 Beaver Valley

March 17-21 2022 Mt. Orignal

March 25-28th 2022 Copper Mountain Resort

PGS/PSL 2022

Jan 21-22 2022 Giants Ridge

Feb 03-05 2022 Steamboat Ski and Resort/Howelsen Hill

Feb 09-11 2022 Tremblant

Feb 14-17th 2022 Blue Mountain

February 23-25th 2022 Alpine Ski Club

February 28-01 March 2022 Hidden Valley Resort, NY

Slopestyle

Jan 19-21 2022 Sun Peaks

Jan 24-29 2022 Mammoth Mountain Ski Resort

Feb 01-06 2022 Calgary

Feb 12-17 2022 Aspen/Buttermilk

March 17-20 2022 March Beaver Valley

March 22-24 2022 Stoneham

Europa Cups or Panpacific events – on approval of the NSCWG selection committee – please forward event to Excellence coach

2022-23 Events may be considered if they happen prior to the final selection date.

Appendix B

Minimum Physical Benchmarks – **to be announced August 2022.**-Under review by Canadian Sports Center Atlantic – will match Canada Snowboard testing benchmarks for LTAD Stage 4 minimum

Appendix C

FREESTYLE SKILLS

- Perform varied maneuvers on small and medium features
- Ability to enter and exit features regular and switch
- Ability to maneuver body position on a rail/box feature using both frontside and backside rotation (i.e. able to do both)
- Ability to vary the entrance into a rail/box feature – lip slides and front/back side approaches
- Ability to spin 180+ on and off of features in four directions
- Ability to spin 360+ in four directions on jump features
- Air stability with style (ability to grab/tweak/vary body position) on jumps
- Perform basic maneuvers on large features

SPEED SKILLS

- Speed management
- Timing of gross motor movements refined
- Symmetry in turn shape
- Riding varied terrain with speed
- SBX – ability to navigate small and medium course features at speed
- Develop basic tactics